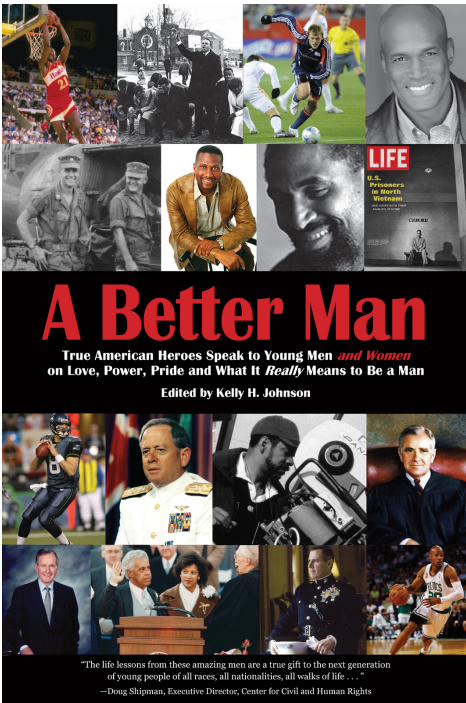


# A Better Man

## Second Edition

*True American Heroes Speak to Young Men and Women  
on Love, Power, Pride, and What It Really Means to be a Man*

Edited by Kelly H. Johnson



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288 pages, 6 x 9"  
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### About the Book

The journey from adolescence to adulthood is a momentous time in every person's life. Never has this transition been more challenging than it is today. In addition to the perennial trials of peer pressure, hormones and popularity, young men and women must now grapple with a media-saturated culture that places enormous emphasis on physical appeal, material wealth and celebrity status. And, thanks to the growing number and reach of social media platforms, the cultural noise is only getting louder, making it exponentially more difficult to find reliable answers to life's largest and most meaningful questions.

Stepping in to help fill this void, *A Better Man* features first-person narratives from some of the most respected and engaging men in America today. With sincerity, humor and directness, they share their experience and advice on courage, service, anger, respect, and a host of other topics. Their stories speak to *our common humanity* and so have the power to impact young men and women alike, inspiring them to imagine larger possibilities as they seek to define adulthood *for themselves*.

### About the Editor



Kelly H. Johnson is an attorney, writer, and the mother/stepmother of five sons and one daughter. She holds a BBA from the University of Notre Dame and a law degree from the College of William and Mary, Marshall-Wythe School of Law. She has written for both local and national parenting magazines, and her work appears in the compilations, *The Imperfect Mom—Candid Confessions of Mothers Living in the Real World* (Doubleday); *It's a Girl—Women Writers on Raising Daughters* (Seal Press); and *Love Wins* (SmileyBooks). Kelly lives in Richmond, Virginia with her husband, Fred, and their children, who outnumber them three to one.

**Ordering Information:** *A Better Man* (\$25.95) is available from fine booksellers, amazon, bn.com or from the publisher at [brandylanepublishers.com](http://brandylanepublishers.com).

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